Nursing Home Utilization 2023: Gender by Size and Type of Nursing Home

Nursing Home Type	Total Residents	Males	% Male	Females	% Female
Non-Profit	**10,127**	**3,386**	**33.4%**	**6,741**	**66.6%**
≤ 80 Beds	1,434	452	31.5%	982	68.5%
81-120 Beds	2,342	709	30.3%	1,633	69.7%
121-160 Beds	1,333	465	34.9%	868	65.1%
≥ 161 Beds	5,018	1,760	35.1%	3,258	64.9%
For Profit	**41,454**	**18,400**	**44.4%**	**23,054**	**55.6%**
≤ 80 Beds	3,256	1,273	39.1%	1,983	60.9%
81-120 Beds	11,395	4,902	43.0%	6,493	57.0%
121-160 Beds	17,114	7,725	45.1%	9,389	54.9%
≥ 161 Beds	9,689	4,500	46.4%	5,189	53.6%
Maryland Total	**51,581**	**21,786**	**42.2%**	**29,795**	**57.8%**

Source: 2023 Centers for Medicare and Medicaid Minimum Data Set. Data do not include subacute units.

Nursing Home Utilization 2023: Gender by Region

Region	Total Residents	Males	% Male	Females	% Female
Central Region	**23,511**	**9,930**	**42.2%**	**13,581**	**57.8%**
Anne Arundel	3,961	1,582	39.9%	2,379	60.1%
Baltimore City	6,586	3,193	48.5%	3,393	51.5%
Baltimore County	10,029	4,029	40.2%	6,000	59.8%
Harford	1,737	663	38.2%	1,074	61.8%
Howard	1,198	463	38.6%	735	61.4%
Eastern Shore	**4,171**	**1,825**	**43.8%**	**2,346**	**56.2%**
Caroline	319	113	35.4%	206	64.6%
Cecil	902	459	50.9%	443	49.1%
Dorchester	427	192	45.0%	235	55.0%
Kent	330	145	43.9%	185	56.1%
Queen Anne's	229	110	48.0%	119	52.0%
Somerset	353	140	39.7%	213	60.3%
Talbot	319	125	39.2%	194	60.8%
Wicomico	878	380	43.3%	498	56.7%
Worcester	414	161	38.9%	253	61.1%
Montgomery County	**9,413**	**4,036**	**42.9%**	**5,377**	**57.1%**
Southern Region	**7,664**	**3,468**	**45.3%**	**4,196**	**54.7%**
Calvert	546	196	35.9%	350	64.1%
Charles	1,033	394	38.1%	639	61.9%
Prince George's	5,484	2,563	46.7%	2,921	53.3%
St. Mary's	601	315	52.4%	286	47.6%
Western Region	**6,822**	**2,527**	**37.0%**	**4,295**	**63.0%**
Allegany	1,278	445	34.8%	833	65.2%
Carroll	1,649	619	37.5%	1,030	62.5%
Frederick	1,645	615	37.4%	1,030	62.6%
Garrett	336	106	31.5%	230	68.5%
Washington	1,914	742	38.8%	1,172	61.2%
Maryland Total	**51,581**	**21,786**	**42.2%**	**29,795**	**57.8%**

Source: 2023 Centers for Medicare and Medicaid Minimum Data Set. Data do not include subacute units.

Nursing Home Utilization 2023: Age by Size and Type of Nursing Home

Type of Nursing Home	Total Residents	≤ Age 64	% ≤ Age 64	Age 65-75	% Age 65-75	Age 76-84	% Age 76-84	≥ Age 85	% ≥ Age 86	Age Unknown	% Age Unknown
Non-Profit	**10,127**	**497**	**4.9%**	**1,544**	**15.2%**	**2,960**	**29.2%**	**5,104**	**50.4%**	**22**	**0.2%**
≤ 80 Beds	1,434	61	4.3%	132	9.2%	354	24.7%	884	61.6%	3	0.2%
81-120 Beds	2,342	65	2.8%	236	10.1%	655	28.0%	1,382	59.0%	4	0.2%
121-160 Beds	1,333	66	5.0%	197	14.8%	381	28.6%	683	51.2%	6	0.5%
≥ 161 Beds	5,018	305	6.1%	979	19.5%	1,570	31.3%	2,155	42.9%	9	0.2%
For Profit	**41,454**	**8,311**	**20.0%**	**11,810**	**28.5%**	**11,232**	**27.1%**	**10,024**	**24.2%**	**77**	**0.2%**
≤ 80 Beds	3,256	296	9.1%	739	22.7%	1,014	31.1%	1,202	36.9%	5	0.2%
81-120 Beds	11,395	2,120	18.6%	3,034	26.6%	3,169	27.8%	3,047	26.7%	25	0.2%
121-160 Beds	17,114	3,629	21.2%	5,064	29.6%	4,638	27.1%	3,753	21.9%	30	0.2%
≥ 161 Beds	9,689	2,266	23.4%	2,973	30.7%	2,411	24.9%	2,022	20.9%	17	0.2%
Maryland Total	**51,581**	**8,808**	**17.1%**	**13,354**	**25.9%**	**14,192**	**27.5%**	**15,128**	**29.3%**	**99**	**0.2%**

Source: 2023 Centers for Medicare and Medicaid Minimum Data Set. Data do not include subacute units.

Nursing Home Utilization 2023: Age by Region

Region/Jurisdiction	Total Residents	≤ Age 64	% ≤ Age 64	Age 65-75	% Age 65-75	Age 76-84	% Age 76-84	≥ Age 85	% ≥ Age 86	Age Unknown	% Age Unknown
Central Region	**23,511**	**4,423**	**18.8%**	**6,351**	**27.0%**	**6,250**	**26.6%**	**6,442**	**27.4%**	**45**	**0.2%**
Anne Arundel	3,961	619	15.6%	1,049	26.5%	1,191	30.1%	1,096	27.7%	6	0.2%
Baltimore City	6,586	1,978	30.0%	2,102	31.9%	1,408	21.4%	1,084	16.5%	14	0.2%
Baltimore County	10,029	1,472	14.7%	2,559	25.5%	2,733	27.3%	3,244	32.3%	21	0.2%
Harford	1,737	171	9.8%	385	22.2%	581	33.4%	598	34.4%	2	0.1%
Howard	1,198	183	15.3%	256	21.4%	337	28.1%	420	35.1%	2	0.2%
Eastern Shore	**4,171**	**718**	**17.2%**	**1,140**	**27.3%**	**1,149**	**27.5%**	**1,158**	**27.8%**	**6**	**0.1%**
Caroline	319	50	15.7%	76	23.8%	100	31.3%	92	28.8%	1	0.3%
Cecil	902	204	22.6%	284	31.5%	223	24.7%	190	21.1%	1	0.1%
Dorchester	427	46	10.8%	101	23.7%	142	33.3%	138	32.3%	—	0.0%
Kent	330	77	23.3%	75	22.7%	86	26.1%	91	27.6%	1	0.3%
Queen Anne's	229	23	10.0%	50	21.8%	83	36.2%	72	31.4%	1	0.4%
Somerset	353	44	12.5%	106	30.0%	88	24.9%	115	32.6%	—	0.0%
Talbot	319	45	14.1%	79	24.8%	87	27.3%	108	33.9%	—	0.0%
Wicomico	878	193	22.0%	256	29.2%	210	23.9%	218	24.8%	1	0.1%
Worcester	414	36	8.7%	113	27.3%	130	31.4%	134	32.4%	1	0.2%
Montgomery County	**9,413**	**1,328**	**14.1%**	**2,254**	**23.9%**	**2,616**	**27.8%**	**3,194**	**33.9%**	**21**	**0.2%**
Southern Region	**7,664**	**1,573**	**20.5%**	**2,181**	**28.5%**	**2,093**	**27.3%**	**1,802**	**23.5%**	**15**	**0.2%**
Calvert	546	44	8.1%	114	20.9%	146	26.7%	239	43.8%	3	0.5%
Charles	1,033	160	15.5%	242	23.4%	346	33.5%	284	27.5%	1	0.1%
Prince George's	5,484	1,322	24.1%	1,708	31.1%	1,381	25.2%	1,062	19.4%	11	0.2%
St. Mary's	601	47	7.8%	117	19.5%	220	36.6%	217	36.1%	—	0.0%
Western Region	**6,822**	**766**	**11.2%**	**1,428**	**20.9%**	**2,084**	**30.5%**	**2,532**	**37.1%**	**12**	**0.2%**
Allegany	1,278	139	10.9%	264	20.7%	372	29.1%	501	39.2%	2	0.2%
Carroll	1,649	163	9.9%	362	22.0%	510	30.9%	612	37.1%	2	0.1%
Frederick	1,645	179	10.9%	337	20.5%	528	32.1%	597	36.3%	4	0.2%
Garrett	336	29	8.6%	57	17.0%	100	29.8%	149	44.3%	1	0.3%
Washington	1,914	256	13.4%	408	21.3%	574	30.0%	673	35.2%	3	0.2%
Grand Total	**51,581**	**8,808**	**17.1%**	**13,354**	**25.9%**	**14,192**	**27.5%**	**15,128**	**29.3%**	**99**	**0.2%**

Source: 2023 Centers for Medicare and Medicaid Minimum Data Set. Data do not include subacute units.

Nursing Home Utilization 2023: Race by Size and Type of Nursing Home

Nursing Home Type	Total Residents	Asian	% Asian	Black	% Black	White	% White	Other/ Multi-Racial	% Other/ Multi-Racial	Hispanic	% Hispanic	Missing	% Missing
Non-Profit	**10,127**	**177**	**1.7%**	**1,498**	**14.8%**	**6,072**	**60.0%**	**43**	**0.4%**	**90**	**0.9%**	**2,247**	**22.2%**
≤ 80 Beds	1,434	13	0.9%	101	7.0%	1,009	70.4%	1	0.1%	19	1.3%	291	20.3%
81-120 Beds	2,342	11	0.5%	212	9.1%	1,587	67.8%	8	0.3%	8	0.3%	516	22.0%
121-160 Beds	1,333	46	3.5%	148	11.1%	837	62.8%	3	0.2%	8	0.6%	291	21.8%
≥ 161 Beds	5,018	107	2.1%	1,037	20.7%	2,639	52.6%	31	0.6%	55	1.1%	1,149	22.9%
For Profit	**41,454**	**626**	**1.5%**	**14,108**	**34.0%**	**16,085**	**38.8%**	**275**	**0.7%**	**393**	**0.9%**	**9,967**	**24.0%**
≤ 80 Beds	3,256	24	0.7%	661	20.3%	1,715	52.7%	17	0.5%	20	0.6%	819	25.2%
81-120 Beds	11,395	147	1.3%	3,187	28.0%	4,700	41.2%	82	0.7%	117	1.0%	3,162	27.7%
121-160 Beds	17,114	253	1.5%	6,215	36.3%	6,426	37.5%	109	0.6%	165	1.0%	3,946	23.1%
≥ 161 Beds	9,689	202	2.1%	4,045	41.7%	3,244	33.5%	67	0.7%	91	0.9%	2,040	21.1%
Maryland Total	**51,581**	**803**	**1.6%**	**15,606**	**30.3%**	**22,157**	**43.0%**	**318**	**0.6%**	**483**	**0.9%**	**12,214**	**23.7%**

Source: 2023 Centers for Medicare and Medicaid Minimum Data Set. Data do not include subacute units.

Nursing Home Utilization 2023: Race by Region

Region	Total Residents	Asian	% Asian	Black	% Black	White	% White	Other/ Multi-Racial	% Other/ Multi-Racial	Hispanic	% Hispanic	Missing	% Missing
Central Region	**23,511**	**251**	**1.1%**	**7,746**	**32.9%**	**9,696**	**41.2%**	**120**	**0.5%**	**97**	**0.4%**	**5,601**	**23.8%**
Anne Arundel	3,961	25	0.6%	772	19.5%	1,965	49.6%	25	0.6%	20	0.5%	1,154	29.1%
Baltimore City	6,586	26	0.4%	3,662	55.6%	1,543	23.4%	29	0.4%	25	0.4%	1,301	19.8%
Baltimore County	10,029	82	0.8%	2,829	28.2%	4,582	45.7%	58	0.6%	37	0.4%	2,441	24.3%
Harford	1,737	8	0.5%	190	10.9%	1,118	64.4%	3	0.2%	6	0.3%	412	23.7%
Howard	1,198	110	9.2%	293	24.5%	488	40.7%	5	0.4%	9	0.8%	293	24.5%
Eastern Shore	**4,171**	**7**	**0.2%**	**745**	**17.9%**	**2,498**	**59.9%**	**21**	**0.5%**	**21**	**0.5%**	**879**	**21.1%**
Caroline	319	—	0.0%	53	16.6%	185	58.0%	2	0.6%	1	0.3%	78	24.5%
Cecil	902	1	0.1%	80	8.9%	626	69.4%	8	0.9%	5	0.6%	182	20.2%
Dorchester	427	—	0.0%	88	20.6%	237	55.5%	2	0.5%	4	0.9%	96	22.5%
Kent	330	—	0.0%	62	18.8%	198	60.0%	1	0.3%	1	0.3%	68	20.6%
Queen Anne's	229	1	0.4%	20	8.7%	151	65.9%	1	0.4%	2	0.9%	54	23.6%
Somerset	353	—	0.0%	81	22.9%	209	59.2%	1	0.3%	—	0.0%	62	17.6%
Talbot	319	2	0.6%	69	21.6%	181	56.7%	1	0.3%	1	0.3%	65	20.4%
Wicomico	878	3	0.3%	225	25.6%	454	51.7%	3	0.3%	7	0.8%	186	21.2%
Worcester	414	—	0.0%	67	16.2%	257	62.1%	2	0.5%	—	0.0%	88	21.3%
Montgomery County	**9,413**	**446**	**4.7%**	**2,737**	**29.1%**	**3,321**	**35.3%**	**108**	**1.1%**	**238**	**2.5%**	**2,563**	**27.2%**
Southern Region	**7,664**	**69**	**0.9%**	**3,991**	**52.1%**	**1,724**	**22.5%**	**48**	**0.6%**	**73**	**1.0%**	**1,759**	**23.0%**
Calvert	546	—	0.0%	72	13.2%	357	65.4%	1	0.2%	3	0.5%	113	20.7%
Charles	1,033	6	0.6%	371	35.9%	365	35.3%	2	0.2%	6	0.6%	283	27.4%
Prince George's	5,484	59	1.1%	3,434	62.6%	625	11.4%	44	0.8%	58	1.1%	1,264	23.0%
St. Mary's	601	4	0.7%	114	19.0%	377	62.7%	1	0.2%	6	1.0%	99	16.5%
Western Region	**6,822**	**30**	**0.4%**	**387**	**5.7%**	**4,918**	**72.1%**	**21**	**0.3%**	**54**	**0.8%**	**1,412**	**20.7%**
Allegany	1,278	2	0.2%	29	2.3%	1,000	78.2%	4	0.3%	—	0.0%	243	19.0%
Carroll	1,649	9	0.5%	94	5.7%	1,192	72.3%	6	0.4%	15	0.9%	333	20.2%
Frederick	1,645	14	0.9%	144	8.8%	1,083	65.8%	5	0.3%	22	1.3%	377	22.9%
Garrett	336	—	0.0%	2	0.6%	285	84.8%	—	0.0%	—	0.0%	49	14.6%
Washington	1,914	5	0.3%	118	6.2%	1,358	71.0%	6	0.3%	17	0.9%	410	21.4%
Grand Total	**51,581**	**803**	**1.6%**	**15,606**	**30.3%**	**22,157**	**43.0%**	**318**	**0.6%**	**483**	**0.9%**	**12,214**	**23.7%**

Source: 2023 Centers for Medicare and Medicaid Minimum Data Set. Data do not include subacute units.

Sub Acute Nursing Unit Utilization 2023: Gender

Sub Acute Unit/TCU	Total Residents	Males	% Male	Females	% Female
Garrett County Hospital Sub Acute Unit	89	38	42.7%	51	57.3%
Mercy Medical Center Transitional Care Unit	226	84	37.2%	142	62.8%
Northwest Hospital Center Sub Acute Unit	23	6	26.1%	17	73.9%
Grand Total	**338**	**128**	**37.9%**	**210**	**62.1%**

Source: 2023 Centers for Medicare and Medicaid Minimum Data Set.

Sub Acute Nursing Unit Utilization 2023: Age

Sub Acute Unit/TCU	Total Residents	≤ Age 64	% ≤ Age 65	Age 65-75	% Age 65-76	Age 76-84	% Age 76-85	≥ Age 85	% ≥ Age 86
Garrett County Hospital Sub Acute Unit	89	10	11.2%	25	28.1%	35	39.3%	19	21.3%
Mercy Medical Center Transitional Care Unit	226	48	21.2%	78	34.5%	65	28.8%	35	15.5%
Northwest Hospital Center Sub Acute Unit	23	1	4.3%	10	43.5%	7	30.4%	5	21.7%
Grand Total	**338**	**59**	**17.5%**	**113**	**33.4%**	**107**	**31.7%**	**59**	**17.5%**

Source: 2023 Centers for Medicare and Medicaid Minimum Data Set.

Sub Acute Nursing Unit Utilization 2023: Race

Sub Acute Unit/TCU	Total Residents	Asian	% Asian	Black	% Black	White	% White	Other/Multi-Racial	% Other/Multi-Racial	Missing	% Missing
Garrett County Hospital Sub Acute Unit	89	—	0.0%	1	1.1%	56	62.9%	—	0.0%	32	36.0%
Mercy Medical Center Transitional Care Unit	226	3	1.3%	93	41.2%	53	23.5%	3	1.3%	74	32.7%
Northwest Hospital Center Sub Acute Unit	23	—	0.0%	13	56.5%	7	30.4%	—	0.0%	3	13.0%
Grand Total	**338**	**3**	**0.9%**	**107**	**31.7%**	**116**	**34.3%**	**3**	**0.9%**	**109**	**32.2%**

Source: 2023 Centers for Medicare and Medicaid Minimum Data Set. There were no reported Hispanic patients in sub acute units. Therefore there is not category included in this table.